Family Hub

Darwen | Little Harwood | Livesey | Shadsworth

Summer Parenting Newsletter

We are pleased to share another successful quarter. We continue to work in partnership with our educational settings and have delivered workshops from Meadowhead Junior School and St Silas Primary School. We encourage other schools to reach out for programme and workshop delivery opportunities.

SEND Support

Stepping Stones Online

We are also continuing our SEND support offer, including Stepping Stones Online, a flexible digital programme designed to support parents of children with additional needs. For more information or to access this support, please contact hannah.grundy@blackburn.gov.uk.

Riding the Rapids

We now have a wider cohort ir the team now trained and accredited in delivery of Riding the Rapids. From September, we will be delivering the programme for parents of both primary and secondary school-aged children, supporting families with autistic children or those with learning disabilities, the programme supports parents and carers in managing challenging behavior and understand their child's needs. It builds parental confidence, reduces stress, and provides a safe space for families to share experiences.

EPEC Parenting Programme

We are looking to identify parents and carers to be trained and accredited as Parent Group Leaders for the EPEC programme. EPEC (Empowering Parents, Empowering Communities) is a peer-led parenting programme that supports parents to build confidence, strengthen relationships with their children, and develop positive parenting strategies within a

supportive community setting. For more information around this please contact myself using the details at the bottom of this newsletter.

Retirement

After many years of dedicated service, we are saying a fond farewell to Janice Beecroft as she retires from our Parenting Team. Janice has made a lasting difference to countless families through her compassion, professionalism, and unwavering commitment to supporting parents and children. We thank Janice for her outstanding contribution and wish her a long, happy, and well-deserved retirement filled with good health, happiness, and new adventures.

Parenting Event

Our recent Parenting Event was a fantastic success, bringing together families from across our community to learn more about the support and opportunities available through our local offer. It was wonderful to see so many parents and carers attending, engaging in the marketplace and activities, asking questions, and connecting with professionals in a welcoming and friendly environment. Parents and carers also shared their thoughts and ideas for our new parenting roadmap, we are excited to share this with everyone soon. Thank you to everyone who attended and contributed to making the event such a positive and successful occasion.

Best Start for Life HENRY offer for 0-2s

We continue to deliver the Best Start for Life HENRY programmes and workshops, supporting families to build healthier lifestyles and improve nutrition and wellbeing. For further information, please contact danielle.morrison@henry.gov.uk.

henry
Healthy Start, Brighter Future

Upcoming Parenting Workshops

Day	Area	Group	Time	Date starting
Friday	Family Hub Little Harwood	Fussy Eaters workshop	9:30 – 11:30am	03.07.26
Tuesday	Family Hub Darwen	Understanding Children's Behaviour	12:30 – 2:30pm	07.07.26
Friday	Family Hub Little Harwood	Understanding Children's Behaviours workshop	9:30 – 11:30	10.07.26
Tuesday	Family Hub Darwen	Fussy Eaters workshop	12:30 – 2:30pm	14.07.26
Friday	Family Hub Little Harwood	Looking after ourselves workshop	9:30 – 11:30am	17.07.26

Parenting Programmes – September Start

Area	Group	Time	Date starting (including pre-meet)	Date Programme Ends
Family Hub Livesey	Riding The Rapids Teenage Programme	9.30am - 11.30am	7.9.26	16.11.26
Family Hub Livesey	Incredible years Baby	12.30pm – 2.30pm	7.9.26	2.11.26
Family Hub Shadsworth	Preparation for parenthood	5.30pm-7.30pm	8.9.26	13.11.26

Family Hub Darwen	HENRY 0-5	12:30pm – 2:30pm	8.9.26	17.11.26
Family Hub Livesey	Healthy relationships	12.30pm-2.30pm	9.9.26	07.11.26
Crosshill School	Riding The Rapids Primary	9.30am – 11.30am	10.9.26	19.11.26
Family Hub Hancock St	HENRY 5-12	12.30pm-2.30pm	10.9.26	19.11.26
Earcroft CC	Caring Dads	6pm-8pm	10.9.36	
Family Hub Little Harwood	Riding The Rapids Primary	12:30pm – 2:30pm	11.9.26	20.11.26

For any further information around our parenting offer and community delivery please contact me - helen.hartley@blackburn.gov.uk, or check out our family hub website https://familyhubsbwd.org/

Thanks

Helen Hartley

Family Help Team Leader

Family Hub

Darwen | Little Harwood | Livesey | Shadsworth

Blackburn with Darwen

BEST START IN LIFE

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